



What services does QPASTT offer?

QPASTT offers a range of free & confidential services, subject to funding, including:

- Counselling for individuals, families, adults and children. (Counselling is where you can talk about your worries and concerns to a person who has been trained to listen, can connect you with other organisations that can help with those problems, and can help you to understand how Australia works.)
- Parenting Programs
- Information sessions for community leaders
- Ucan2, supporting clients in TAFE English language classes
- Homework Club and Holiday Programs for young people aged 12–24 years
- Family Fun Days
- Youth Voice Steering Committee
- Mentoring Programs



QPASTT

Queensland program of assistance
to survivors of torture and trauma

How can I find QPASTT?

Contact us

STREET ADDRESS:

28 Dibley Street,
Woolloongabba QLD 4102

POSTAL ADDRESS:

PO Box 6254,
Fairfield, QLD 4103

QPASTT'S MAIN OFFICE

is in the Brisbane Multicultural Centre at
28 Dibley St, Woolloongabba.

YOU CAN WALK TO QPASTT FROM:

TRAIN: Park Road Railway Station
(500 metres from Dibley Street)

BUS: PA Hospital Busway

For more information about using public transport to get to
QPASTT call Transinfo on **131 230**

NOTE: This brochure is available in other community languages
at www.qpastt.org.au or at our main office.

TELEPHONE INTERPRETER SERVICE 13 14 50

www.qpastt.org.au

QPASTT is the Queensland member of the Forum of Australian Services
for Survivors of Torture & Trauma (FASSTT)



Information for

Clients



How to get help from QPASTT

You can telephone or come to the QPASTT office during work hours and ask for the Duty Counsellor.

Service providers such as Schools, TAFE, GP's, MDA, ACCESS and Community Leaders can refer you.

If you are under 16 years old, QPASTT will need consent from a parent or legal guardian.

If you would like to refer an adult, that person has to agree to the referral.

You can find the referral form and more information on the QPASTT Website: www.qpastt.org.au

For information about our outreach and regional locations please call (07) 3391 6677.

What does QPASTT do?

QPASTT is a community based, statewide not for profit organisation. QPASTT provides social, emotional & physical support to refugee survivors of torture and trauma, and asylum seekers.



Who is QPASTT for?

QPASTT helps people who:

- Have been forced to leave their home country because of persecution and spent time in refugee camps or other countries before settling in Australia
- Have been mistreated because of their membership of a political, ethnic or religious group, or
- Have experienced war and political disturbance and fear for their safety in their country of origin.

QPASTT is able to work with people as soon as they arrive in Australia or many years after settling here.

Service Locations

The main office is based in Brisbane at the Brisbane Multicultural Centre and there is also a smaller office in Logan. QPASTT also provides services in Inala, Goodna, Ipswich, Toowoomba, Gatton, Gold Coast, Cairns, Rockhampton and Townsville.



Who May Need Support From QPASTT?

Anyone who has experienced torture and trauma may notice some of the following:

- Disturbing thoughts and memories of the past
- Feeling nervous and anxious
- Inability to trust other people
- Poor appetite or overeating
- Problems with thinking and concentration
- Sleep problems and nightmares
- Unexplained body aches

Children may have some of the same problems as above, but also:

- Feel sad, nervous or aggressive
- Act out or draw their bad experiences
- Become very stressed when they are separated from parents/carers



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