

Workshop: Incidental Counselling with People from Refugee Backgrounds

This one day workshop has been developed for volunteers and workers who are not trained as counsellors. It provides some basic tips and strategies to deal with disclosures of refugee related torture and trauma, and how to manage difficult behaviours in this client group. Participants will gain an understanding of the different reactions that clients may exhibit due to trauma and the resettlement experience. Participants will also learn some tips and skills to deal with these issues. This is an interactive workshop that may include role plays, peer reflection, discussions and sharing work experiences.

This workshop is relevant for people working in a range of non-clinical settings such as case work, community development, bicultural support, youth work, advocacy and teaching.*

*Registrations for this training will only be accepted from those who have attended "Introduction to the Refugee and Settlement Experience - the Impact of Trauma", or those who have more than one year's experience in working in the refugee and asylum seeker sector.

When: 25th September 2014

9:30am to 4:30pm

Where: Brisbane Multicultural Centre
28 Dibley St, Woolloongabba.
Rooms: 5 & 6



Cost: \$100 for students, volunteers, unwaged and QPASTT members.

\$150 for all other registrations.

Costs include morning tea, lunch, afternoon tea and hand-outs.

Workshop facilitators:

Katharine Knoetze Counsellor

Katharine is a Psychologist who has been working in the field of refugee related trauma since 2008, in South Africa & Australia. She joined QPASTT in mid-2011 as the Co-ordinator of the Asylum Seeker Support Team. Katharine has taken a break from this role and is currently working as a Counsellor/Advocate in the Counselling Services Team. Katharine is a graduate of the Harvard Global Mental Health: Trauma and Recovery Certificate Program. She has a particular interest in working with young people and adults who have survived refugee related trauma, and gaining an understanding of their particular cultural explanatory models of distress and existing internal coping capacities. The application and adaptation of specific trauma-focussed interventions for Post-traumatic Stress Disorder within the context of a culturally diverse client population, and repeated exposure to traumatic events over a lifespan, is something that Katharine would like to explore further.

Jenni Scholl Counsellor

Jenni has a background in Social Work and is currently working at QPASTT as a Counsellor Advocate, using client-centred, trauma-informed and systemic approaches in counselling and group work. She has been practising in the field of social work for the past 4 years, with a specific focus on working with people from refugee and asylum seeker backgrounds, who have experienced complex trauma. Prior to QPASTT, Jenni worked in a refugee settlement agency providing case management services and group support for unaccompanied minors, individuals and families from refugee and culturally diverse backgrounds. Her interests lie in developing a broad range of supportive and therapeutic techniques, especially for people from refugee and asylum seeker backgrounds that are participative, trauma informed, systemic and culturally relevant.

To register, please complete the registration form on the back and send it to qpastt_training@qpastt.org.au. Please also write to this same email address if you require further information.



Registration Form

Workshop & Date: _____

Name: _____

Organisation: _____ Position: _____

Postal address: _____

Phone: _____ Mobile: _____ Email: _____

Specific learning requirements: _____

Special dietary requirements: _____

Payment method:

1) Cheque Payable to QPASTT- Mail it to: PO BOX 6254; Fairfield QLD 4103

2) Direct Deposit:

BSB: 633-000

A/C: 121602437

Please **indicate your name** in the **description column** and attach remittance to the registration form.

Terms and Conditions:

Required documentation:

For those seeking to register and pay as a student, volunteer or QPASTT member: a photocopy or pdf of a valid full-time student card and/or a letter from the manager of the organisation at which you are volunteering must be forwarded with this registration form. Participants seeking to register for a workshop marked on this training calendar with * or # must include a QPASTT Certificate of Attendance for the relevant pre-requisite training, or a letter from an employer which demonstrates more than one year's paid work or volunteering experience in the sector.

Payment:

QPASTT requires payment on registration. The workshops are capped at a maximum number of participants. Registration closes 24 hours prior to the workshop/session depending on availability of places. A receipt will be sent when payment has been received.

Cancellations:

A full refund will only be granted for cancellations received up to 14 working days prior to the day of the event. Cancellations received less than 14 working days prior to the day of the event will incur a 30% cancellation fee to cover administration costs. Fees will not be refunded for cancellations received the day before or on the day of the event. QPASTT reserves the right to cancel workshops and sessions where a minimum number of participants has not been reached. Where QPASTT has cancelled a workshop or session, registered participants for those workshops or sessions may transfer to another workshop/session or request a refund.

Transferring to another workshop/session:

A registration may only be transferred from one workshop/session to another if notice is received within 7 working days of the original workshop/session.

