

# Workshop: Incidental Counselling with People from Refugee Backgrounds

This one day workshop has been developed for volunteers and workers who are not trained as counsellors. It provides some basic tips and strategies to deal with disclosures of refugee related torture and trauma, and how to manage difficult behaviours in this client group. Participants will gain an understanding of the different reactions that clients may exhibit due to trauma and the resettlement experience. Participants will also learn some tips and skills to deal with these issues. This is an interactive workshop that may include role plays, peer reflection, discussions and sharing work experiences.

This workshop is relevant for people working in a range of non-clinical settings such as case work, community development, bicultural support, youth work, advocacy and teaching.

**When:** 27th August 2015

9:30am to 4:30pm

**Where:** Brisbane Multicultural Centre  
28 Dibley St, Woolloongabba.  
Rooms: 5 & 6



**Cost:** \$100 for students, volunteers, unwaged and QPASTT members.

\$150 for all other registrations.

Costs include morning tea, lunch, afternoon tea and hand-outs.

## Workshop facilitators:

### Katie Brooker—Children and Youth Counsellor/Advocate

Katie began working at QPASTT in March 2013 and holds a degree in social work from the University of Newcastle and has been practising in a variety of fields for eight years. She has worked in a range of multicultural settings, including medical settings in Central and Northern Australia. For the past six years she has specialised in childhood trauma, working as a child sexual assault counsellor in remote Indigenous communities in the Northern Territory and in child protection in London. On returning to Australia, Katie spent six months in Central Australia working in Palliative Care before coming to QPASTT a year ago to take up a position as a Child and Youth Counsellor.

### Leigh Wallas – Adults and Families Counsellor

Leigh joined QPASTT in December 2014 and is part of the Counselling Services Team. She works with individuals, families and couples who have experienced torture and/or trauma in their country of origin, using client-centred and trauma-informed psychotherapeutic approaches. Leigh is a provisionally registered psychologist and is undergoing a period of supervision whilst transitioning her overseas psychology postgraduate qualification to the Australian registration scheme. Previously, Leigh has held positions in the voluntary, health, education and private sectors in both the United Kingdom and Australia. Her earlier roles have included counselling and youth work with homeless and vulnerable young people in the east-end of London; providing psychological and crisis care for women in secure settings in the UK; managing public health projects related to public health inequality, long-term health conditions and patient experience at the National Health Service (NHS); and conducting specialised research and bereavement counselling at the Australian Institute for Suicide Research and Prevention (AISRAP) at Griffith University in Australia. Leigh particularly enjoys working with clients through a positive psychological lens; identifying and developing strengths and virtues that allow them to overcome

To register, please complete the registration form on the back and send it to [qpastt\\_training@qpastt.org.au](mailto:qpastt_training@qpastt.org.au). Please also write to this same email address if you require further information.



## Registration Form

Workshop & Date: \_\_\_\_\_

Name: \_\_\_\_\_

Organisation: \_\_\_\_\_ Position: \_\_\_\_\_

Postal address: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_ Email: \_\_\_\_\_

Specific learning requirements: \_\_\_\_\_

Special dietary requirements: \_\_\_\_\_

### Payment method:

1) Cheque Payable to QPASTT- Mail it to: PO BOX 6254; Fairfield QLD 4103

2) Direct Deposit:

BSB: 633-000

A/C: 121602437

Please **indicate your name** in the **description column** and attach remittance to the registration form.

### Terms and Conditions:

#### Required documentation:

For those seeking to register and pay as a student, volunteer or QPASTT member: a photocopy or pdf of a valid full-time student card and/or a letter from the manager of the organisation at which you are volunteering must be forwarded with this registration form. Participants seeking to register for a workshop marked on this training calendar with \* or # must include a QPASTT Certificate of Attendance for the relevant pre-requisite training, or a letter from an employer which demonstrates more than one year's paid work or volunteering experience in the sector.

#### Payment:

QPASTT requires payment on registration. The workshops are capped at a maximum number of participants. Registration closes 24 hours prior to the workshop/session depending on availability of places. A receipt will be sent when payment has been received.

#### Cancellations:

A full refund will only be granted for cancellations received up to 14 working days prior to the day of the event. Cancellations received less than 14 working days prior to the day of the event will incur a 30% cancellation fee to cover administration costs. Fees will not be refunded for cancellations received the day before or on the day of the event. QPASTT reserves the right to cancel workshops and sessions where a minimum number of participants has not been reached. Where QPASTT has cancelled a workshop or session, registered participants for those workshops or sessions may transfer to another workshop/session or request a refund.

#### Transferring to another workshop/session:

A registration may only be transferred from one workshop/session to another if notice is received within 7 working days of the original workshop/session.

