

# Workshop: Incidental Counselling with People from Refugee Backgrounds

This one day workshop has been developed for volunteers and workers who are not trained as counsellors. It provides some basic tips and strategies to deal with disclosures of refugee related torture and trauma, and how to manage difficult behaviours in this client group. Participants will gain an understanding of the different reactions that clients may exhibit due to trauma and the resettlement experience. Participants will also learn some tips and skills to deal with these issues. This is an interactive workshop that may include role plays, peer reflection, discussions and sharing work experiences.

This workshop is relevant for people working in a range of non-clinical settings such as case work, community development, bicultural support, youth work, advocacy and teaching.\*

**\*Registrations for this training will only be accepted from those who have attended "Introduction to the Refugee and Settlement Experience - the Impact of Trauma", or those who have more than one year's experience in working in the refugee and asylum seeker sector.**

**When:** 16th April 2015  
9:30am to 4:30pm

**Where:** Brisbane Multicultural Centre  
28 Dibley St, Woolloongabba.  
Rooms: 5 & 6



Workshop facilitators:

#### **Jenni Scholl Counsellor**

Jenni has a background in Social Work and is currently working at QPASTT as a Counsellor Advocate, using client-centred, trauma-informed and systemic approaches in counselling and group work. She has been practising in the field of social work for the past 4 years, with a specific focus on working with people from refugee and asylum seeker backgrounds, who have experienced complex trauma. Prior to QPASTT, Jenni worked in a refugee settlement agency providing case management services and group support for unaccompanied minors, individuals and families from refugee and culturally diverse backgrounds. Her interests lie in developing a broad range of supportive and therapeutic techniques, especially for people from refugee and asylum seeker backgrounds that are participative, trauma informed, systemic and culturally relevant.

#### **Ana Pocrnjic Youth Counsellor**

Ana has been a counsellor at QPASTT for nearly six years and during this time, she has acted in several different positions. Ana has worked in providing short term torture and trauma counselling to newly arrived families and also worked with adults. Her current role is in the Children and Youth Team as the Youth Counsellor. Ana is currently a student in the Master of Social Work course and is focusing on working with children and trauma through a range of expressive therapies. Her background is in behavioural science. Ana has a special interest in working with young people who offend and is hoping to get into forensic mental health. Ana's personal refugee journey also drives her passion for understanding trauma and empowering people towards recovery.

**Cost:** \$100 for students, volunteers, unwaged and QPASTT members.

\$150 for all other registrations.

Costs include morning tea, lunch, afternoon tea and hand-outs.

**To register, please complete the registration form on the back and send it to [qpastt\\_training@qpastt.org.au](mailto:qpastt_training@qpastt.org.au). Please also write to this same email address if you require further information.**



## Registration Form

Workshop & Date: \_\_\_\_\_

Name: \_\_\_\_\_

Organisation: \_\_\_\_\_ Position: \_\_\_\_\_

Postal address: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_ Email: \_\_\_\_\_

Specific learning requirements: \_\_\_\_\_

Special dietary requirements: \_\_\_\_\_

### Payment method:

1) Cheque Payable to QPASTT- Mail it to: PO BOX 6254; Fairfield QLD 4103

2) Direct Deposit:

BSB: 633-000

A/C: 121602437

Please **indicate your name** in the **description column** and attach remittance to the registration form.

### Terms and Conditions:

#### Required documentation:

For those seeking to register and pay as a student, volunteer or QPASTT member: a photocopy or pdf of a valid full-time student card and/or a letter from the manager of the organisation at which you are volunteering must be forwarded with this registration form. Participants seeking to register for a workshop marked on this training calendar with \* or # must include a QPASTT Certificate of Attendance for the relevant pre-requisite training, or a letter from an employer which demonstrates more than one year's paid work or volunteering experience in the sector.

#### Payment:

QPASTT requires payment on registration. The workshops are capped at a maximum number of participants. Registration closes 24 hours prior to the workshop/session depending on availability of places. A receipt will be sent when payment has been received.

#### Cancellations:

A full refund will only be granted for cancellations received up to 14 working days prior to the day of the event. Cancellations received less than 14 working days prior to the day of the event will incur a 30% cancellation fee to cover administration costs. Fees will not be refunded for cancellations received the day before or on the day of the event. QPASTT reserves the right to cancel workshops and sessions where a minimum number of participants has not been reached. Where QPASTT has cancelled a workshop or session, registered participants for those workshops or sessions may transfer to another workshop/session or request a refund.

#### Transferring to another workshop/session:

A registration may only be transferred from one workshop/session to another if notice is received within 7 working days of the original workshop/session.

